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[Dear TN Federal Senators and Representatives]:

Do you know what your children or grandchildren are eating in schools? Are they eating healthy food or items replete with sugar and fat?

The Rural Health Association of Tennessee (RHAT) urges you to support efforts to create healthful food standards for all food that children consume in schools.

We believe that items sold in vending machines, school stores and from school cafeterias should comply with national, USDA approved guidelines for school breakfasts and lunches. Children, spend much of their awake time in schools and should have the opportunity to learn healthy eating habits that can last them through their lives. In turn, healthy eating leads to better school performance.

Federal child nutrition programs are scheduled for reauthorization and we hope that all partners in the food and beverage industry can work together to ensure that the foods our children eat in schools are nutritious and follow healthy guidelines.

Since 1995, the Rural Health Association of Tennessee has been working to create a positive change in the health and well-being of all rural people living in Tennessee. RHAT is comprised of individuals and organizations committed to improving the health of rural Tennesseans by providing leadership on rural issues.

Sincerely,

Deborah O. Murph
President